



## 8D Bhutan Boundless Bliss With CAPITAL 958 DJ Lin Lingzhi (BT8LZG)

Special Departure date: 16 December 2022

Chan Brothers Travel Exclusive Direct Chartered Flight to Bhutan

### Highlights

#### Top- Class Accommodation

- 4N stay in Bhutan 5-star Le Meridien Properties
- 2N stay in Punakha at Bhutanese-style Unique Lodging

#### Exclusive Experience

- Create personalize postage stamp as an unique souvenir at Thimphu Post Office
- Enjoy Takin, Bhutan's national animal spotting
- Hands on Archery session at Simple Bhutan
- Traditional Gho & Kira Dress-Up Session
- Celebrate With A Sense of Accomplishment & Receive A Certificate of Achievement At The Peak of Tiger's Nest Monastery
- DIY Ema Datshi session
- Taste local rice wine, Ara
- Religious Blessing Service
- Christmas Gift-giving session
- Choice of English and Mandarin-Guided Tour
- Bhutanese Local Home Visit Experience With Traditional Butter Tea

#### Specialty Meals

- 100% meals with 4 different cuisines inclusions
- Alfresco Lunch by Punakha River
- Buffet Dinner with Bhutanese Cultural Show

#### BHUTAN

##### Paro

- Kyichu Lhakhang
- Rinpung Dzong
- Taktsang Lhakhang
- Drukgyel Dzong

##### Punakha

- Punakha Dzong
- Chimi Lhakhang
- Dochula Pass
- Druk Wangyal Chortens

##### Thimphu

- Trashi Chho Dzong
- Bhutanese Crafts Bazaar
- Kuenselphodrang Nature Park
- Buddha Dordenma Statue
- National Memorial Chorten
- Motithang Takin Preserve
- Folk Heritage Museum
- Norzin Lam

#### Day 1 SINGAPORE – PARO (Meal On Board/Lunch/Dinner)

Assemble at Changi Airport for your flight to Paro. Upon arrival, be met and enjoy a local welcome from Bhutanese representatives with Khada. Here, you will visit **Rinpung Dzong**, built in 1644 to defend the valley against Tibetan invaders and next is to **Kyichu Lhakhang Temple**, the oldest monastery in Bhutan built in the 7th century. Here, you can see how Bhutanese farmers lived and get a chance to taste Ara, a traditional alcoholic beverage made from native high-altitude tolerant barley, rice, or wheat. This evening, enjoy an interactive session and learn from the locals on how to make their famous chili cheese dish in a **DIY ema datshi session**, a local chili cheese dish and get to sample this exquisite taste.



#### Day 2 PARO (Breakfast/Lunch/Dinner)

Take an early breakfast and embark on a hike to Bhutan's most iconic landmark, **Taktsang Lhakhang**, also known as Tiger's Nest Monastery. It clings precariously to a granite cliff 900 metres above Paro Valley. The monastery was first built in 1692 at a cave where legend has it that the great Guru Rinpoche flew to the site atop the back of a tigress and meditated in the cave in order to subdue evil demons residing within. You may wish to take a pony ride at your own expense. Wrap up your day with a **Gho and Kira traditional dress-up session** and flood your social media page endless feed of that cultural perfect-picture you.

#### Note

Please wear comfortable walking shoes for your hike to Taktsang Lhakhang. The hike is not recommended for pregnant women and travellers with health conditions.

#### Day 3 PARO – PUNAKHA (Breakfast/Lunch/Dinner)

After breakfast, proceed to **Drugyel Dzong**, the victory fortress built in 1647 by Zhabdrung Ngawang Namgyal to commemorate his victory over Tibetan invaders led by Mongolian warlord Gushri Khan in 1644. Thereafter, take a scenic drive to **Punakha**. Along the way, cross **Dochula Pass** and proceed to **Druk Wangyal Chortens**, where the construction of 108 chortens was commissioned by the eldest Queen Mother.

#### Day 4 PUNAKHA (Breakfast / Lunch / Dinner)

Camera ready as we proceed on to **Punakha Dzong**, situated at the confluence of the Mo Chhu and Pho Chhu rivers. An iconic and instagrammable site. Thereafter, you may like to attend a **religious blessing service**. Keep that snapping fingers at the **Punakha Suspension Bridge**, one of the longest suspension bridges in Bhutan. After lunch, visit a **local family home**, try traditional butter tea and experience the locals' simple living and exceptional hospitality – an especially educational encounter for children.

#### Day 5 PUNAKHA – THIMPHU (Breakfast/Lunch/Dinner)

Enjoy a morning drive up north to **Khamsum Yuelley Namgyel** and witness the stupa. stands majestically on a strategic ridge overlooking the Punakha valley. It was built with a specific function in mind: to ward off evil spirits in Bhutan and across the world, and to bring peace and harmony to all living things. Next, take a light hike through fields of assorted vegetables that will take you to **Chimi Lhakhang**, a pilgrimage site for childless couples. Here, you will enjoy a river side picnic lunch specially arrange. Proceed on to visit



**Trash Chho Dzong**, an impressive monastery that houses secretariat building, the throne room of His Majesty, the King and various government offices. It is also the summer residence of Chief Abbot and central monk body.

#### **Day 6 THIMPHU (Breakfast/Lunch/Dinner)**

This morning, visit **Kuenselphodrang Nature Park**, where you can catch a panoramic view of Thimphu Valley and marvel at the 169-foot tall bronze **Buddha Dordenma Statue**, the largest statue in the country. Next, explore **National Memorial Chorten**, a stupa built to honour the late 3rd king, before heading over to **Motithang Takin Preserve**, where you can observe strangle, gentle beasts resembling goat-cow hybrids – Takin – roam within this patch of forest. See art and craft students at work on thangkhas painting, woodcarving, exquisite embroidery or clay statue-making (clay) at **National Institute for Zorig Chusum** and commonly known as 'the painting school'. Catch a glimpse of the traditional Bhutanese life at **Folk Heritage Museum**. The artifacts which are kept inside the house remind the visitors about how the rural Bhutanese live today. After lunch, stop over at **Jungshi Handmade Paper Factory**, a pilot conservative program to preserve their traditional handmade paper making. You can observe the entire process of producing handmade paper using ancient traditional methods that have been practiced for generations. You will also stop over at the local **post office**, where you can get your personalized stamps done up in minutes as a unique souvenir. Next, visit **Simply Bhutan**, a living museum whose primary aim is to conserve the culture and customs of traditional Bhutanese life. Taste a **local rice wine** known as Ara and **try out archery, the Bhutanese National Sport**. Thereafter, visit **Changangkha Lhakhang**; built in the 12th century, it is the oldest temple in Thimphu. Amble through an authentic **Bhutanese crafts bazaar** and the bustling **Norzin Lam**, where you can purchase handicrafts, garments and accessories at your own expense. End the day with a **Buffet dinner and Local Cultural dance performance**.

#### **Day 7 THIMPHU – PARO - SINGAPORE (Breakfast/Lunch/Meal on Board)**

Bid fare to the happiest on earth as you check out and proceed to Paro for your flight back home. On the way, make more memories as we cross the **Tachogang Lhakhang Bridge**. an iron chain bridge built by Druythob Thangtong Gyalpo and is the access route to the famous Tachogang Lhakhang Dzong. Finish up your dollars at Paro Town Market for last minute shopping.

#### **Day 8 ARRIVALSINGAPORE**

#### **Remarks**

Revisions, if any, in itinerary are subject to the Company's Terms and Conditions, a copy of which is available at [www.ChanBrothers.com/PackageTourTnCs](http://www.ChanBrothers.com/PackageTourTnCs). In particular, the Customer is requested to note the following:

- Itinerary may be subject to change due to circumstances beyond the Company's control.
- Accommodation in designated cities is subject to room availability.
- Sequence of itinerary may be subject to change.
- Different tour groups may be merged.

Proposed changes, if any, that are not accepted will be subject to the refund provisions set out in the Terms and Conditions.

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## 与 CAPITAL 958 DJ 林灵芝同游 8 天不丹琪乐芝行(BT8LZG)

特别出发: 12 月 16 日 2022

### 曾兄弟旅行社独家- 包机直飞不丹



#### 行程特色

##### 佳选住宿

- 4 晚住宿不丹 5 星级艾美酒店
- 2 晚宁静住宿于普纳卡道地传统式酒店

##### 独特体验

- 在廷布邮局自制个性化家庭邮票
- 近距离观赏不丹国宝羚牛
- 传统射箭体验
- 成功登虎穴寺山顶证书
- 试穿传统 Gho 及 Kira 服装体验
- DIY 国菜《辣椒奶酪》
- 品尝道地传统米酒, Ara
- 宗教的祈福仪式
- 圣诞节礼物派对
- 可选择华语或英语讲解团

##### 特色佳肴

- 全程 100% 膳食及含 4 种特色风味餐
- 普纳卡户外河畔野餐
- 自助晚餐及观传统舞蹈表演

##### 不丹

##### 帕罗

- 凯奇拉康寺院
- 日蓬堡
- 虎穴寺
- 德鲁格耶尔宗

##### 普纳卡

- 普那卡宗
- 切米拉康佛寺
- 都楚拉山口
- 白佛塔

##### 廷布

- Trashi Chho Dzong
- 国家绘画艺术学院
- Kuenselphodrang 自然公园
- 青铜金刚座佛像
- 国家纪念碑
- 莫提塘羚牛保护区
- 民俗文化博物馆
- 诺真兰街
- Jungshi 手工造纸厂

#### 第 1 天 新加坡 - 帕罗 (机上便餐/午餐/晚餐)

在新加坡樟宜机场集合, 搭乘客机前往帕罗。抵达后, 游览帕罗宗-日蓬堡, 意为“一堆珍宝上的城堡”, 这里曾被用做保卫帕罗河谷的堡垒, 它是不丹式建筑的典范, 它的墙壁向内倾斜, 渐渐升高。接着, 参观不丹最古老的寺庙, 于 7 世纪落成的凯奇拉康寺院。藏王松赞干布修建的不丹最老的寺庙。在这里, 您可以了解不丹农民的生活, 并有机会品尝 Ara, 这是一种由本地耐高海拔大麦、大米或小麦制成的传统酒精饮料。之后, 体验辣椒奶酪菜肴 DIY。

#### 第 2 天 帕罗 (早餐/午餐/晚餐)

早餐后, 徒步前往不丹最具代表性的地标塔克桑寺, 译称为虎穴寺。寺院建于 1692 年, 位于帕罗山谷海拔 900 米花岗岩悬崖上, 险峻不已。由于虎穴寺位偏处位置偏高, 步行前往约需二-三小时道分为三段, 前段可在当地自费租借骑驴登, 最段需自己步行前往。接着, 参观德鲁格耶尔宗, 这个美丽的谷地是不丹众多最古老的修道院和寺庙所在地。最后, 穿上不丹传统的 Gho 或 Kira 服装捕捉不丹假期的回忆尽情拍照, 发到朋友圈与亲友分享。

#### 注

请穿舒适的步鞋登上塔克桑寺。不建议孕妇及有健康状况的游客登山。

#### 第 3 天 帕罗 - 普纳卡 (早餐/午餐/晚餐)

离开帕罗, 继续前往普纳卡。跨过都楚拉山口, 参观欣赏现任王后阿望谟旺楚克道尔吉下令建造的 108 座 Druk Wangyal 白佛塔。在晴朗的日子里, 你甚至可能看到喜马拉雅山脉的壮丽景色。续程前往坐落在母亲河及父亲河交界处的“幸福之殿”普那卡宗。今晚, 夜宿普纳卡道地传统式酒店。便能体会到那无处不在的当地式用餐氛围。

#### 第 4 天 普纳卡 - 富毕卡谷 - 普纳卡 (早餐/午餐/晚餐)

今天, 驱车往续程前往坐落在母亲河及父亲河交界处的“幸福之殿”普那卡宗。接着, 你可以参与宗教的祈福仪式。最后, 来到世界上最古老的吊桥之一, 长度为 160 米的 Punakha 吊桥, 被认为是由佛教僧侣 Thangtong Gyalpo 建造的。多年来, 它经历了翻新, 但它曾经是八座桥梁中的一座, 是我们许多现代吊桥的前身。桥上挂满了印上经文的五彩经幡, 不丹人相信, 每当风吹过就等于替祈愿者诵了一遍经, 吹得愈残愈旧, 代表诵经次数愈多, 祈愿者的福德也积得愈厚。

#### 第 5 天 普纳卡 - 廷布 (早餐/午餐/晚餐)

今天早上, 前往观卡姆沙耶里纳耶纪念碑。不丹唯一一座全部供奉各类护法神的佛塔, 是这个喜马拉雅山国避灾避难的圣地, 用来祈求不丹祥和安宁。塔顶的释迦牟尼佛像据传曾开口说话。接着, 续程途径 Sopsokha 村, 前往切米拉康佛寺, 建于西元 1499 年, 寺中供奉的是顶着大肚皮斜

卧的弥勒佛: 竹巴袈裟, 俗称疯喇嘛的庙, 又名助生寺, 希望有孩子的夫妇可到此祈福。之后, 前往位于母亲河及父亲河交界处的普那卡宗。继续参观 Trashi Chho Dzong, 这是一座令人印象深刻的修道院, 内有秘书处大楼、国王陛下的宝座室和各种政府办公室。也是方丈及和尚的住宿。



#### 第 6 天 廷布（早餐/午餐/自助晚餐及传统舞蹈表演）

早餐后，前往 Kuenselphodrang 自然公园，将廷布山谷的全景尽收眼底，并欣赏不丹国内最壮观的 169 英尺**青铜金刚座佛像**。接着，观为了纪念已故的第三代不丹国王而建**的国家纪念碑**。继续前往**莫提塘羚牛保护区**，保护不丹的国宝——野生羚牛。在这里您将体会到为什么羚牛被视为国宝！在**国家绘画艺术学院**看看学徒们怎样磨练十三种传统艺术及手工知识与技能。在艺术导师的指导下，您可以亲身尝试传统绘画技法，体验校内学生惊人的创造力。接下来，前往**民俗文化博物馆**，了解不丹的日常生活方式及传统文化。午餐后，在 **Jungshi 手工造纸厂**了解传统手工造纸。您可以观使用世代相传的古老传统方法生产手工纸的整个过程。在**当地邮局**小作停留，制作个人化邮票。可以贴上不丹五世国王夫妇的活动海报或者不是丹丹传统风格的绘画背景。试一试不丹的国家体育活动——射箭！您的教练会把靶子摆好了，然后教您规则以及如何正确握弓。这个下午就与家人进行一场健康有趣的比赛吧！途经观不丹最古老的寺庙 Changangkha Lhakhang。最后，前往正宗**不丹工艺品集市**及**诺真兰街**，可自费购买工艺品、服装及配饰。今晚，享用自助晚餐及观**传统舞蹈表演**。

#### 第 7 天 廷布 - 帕罗 - 新加坡（早餐/午餐/机上便餐）

早餐后，前往帕罗主要街道购买纪念品享受购物乐至集合时间。途中，停留于 **Tachogang Lhakhang Bridge** 再度感受这个被赋予了香格里拉美名的国度。

#### 第 8 天 抵达新加坡

#### 备注

全程中文讲解，除非另有说明。

行程若更改，需受公司的条款与细则所约束，请参考 [www.ChanBrothers.com/PackageTourTnCs](http://www.ChanBrothers.com/PackageTourTnCs)。顾客尤其需注意以下事项：

在公司无法控制的情况下，行程可能更改。

指定城市的住宿需视客房供应情况而定。

行程顺序可能更改。

不同团体可能合并成一团。

若有更改不被接受，需遵守条款与细则中的退款规定。

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